

IMPACT OF PSYCHONEUROBICS CHARGING ON HOMEOPATHY MEDICINES FOR DERMATOLOGY PATIENTS

Munish Sabharwal

Phd Scholar, Yoga Samskrutham University, Florida, USA.

Munish Sabharwal, is a Gold Medalist PG Diploma studies in Psyc Neurobics from the Tamil Nadu Physical Education & Sports University, as well as student of Homeopathy who is Life member of South Delhi Homeopathy Association awarded by National Homeopathic Conference for valuable contribution to cause of Homeopathy. He has also been awarded as, "SIGFA Ambassador" for his contribution to Psyc Neurobics. He is a Phd Scholar and undergoing his research from Yoga Samskrutham University, Florida, USA. He has been an investment banker for 27 years with stints at JM Morgan Stanley, IDBI Capital & The Times of India Group.

PURPOSE

To study the impact of treatment of Dermatology patients using homeopathy and Psychoneurobics in an integrated manner with guidance of Naturopathy where possible.

Psychoneurobic application:

The second last chakra from bottom (sacral plexus), or the Orange chakra is where the purity and positive thinking is conducted through. By this chakra we become a pure soul. The process gets closed down when waste and negative thoughts and emotions of attachments and sense of possessiveness.

The imbalances in this chakra results in problems in lack of sexual urge, or more of it, a state of imbalance. It also results in infertility. The skin glows if the chakra is in good state or else problems on the skin emerges.

The blood circulation improves by this chakra, skin get more blood so their function improves towards purity.

Tuning to the orange colour helps to balance this centre.

Emotional Parameters –

Emotion is Often intertwined with mood, temperament, personality, disposition, and motivation. The overall disposition of a patient is judged by the state of his /her emotions also. A positive disposition, or a negative disposition or emotion is directly linked to a bad or good health. The chakras of the bodies are blocked if the emotions are negative while they are open if the same are positive.

The treatment sometimes makes the emotional disposition move up to better while sometime the natural positive disposition is something which helps the treatment. Sometimes because of the positive emotions the healing also becomes faster.

In this sample study there was a jump of 56 % in the emotional well-being of the patients which is a below average improvement.

Physical Parameters:

For a Dermatology patient, physical assessment was very important.

The assessment of the sample size showed a positive improvement of 37% from 3.2 to 4.3.

This indicates, that there is an improvement in the physical symptoms though not as expected.

- **Sleep :**

The sleep which the patient observed, is a self-assessment. The quality of the sleep is a very important attribute to the seed of healing of the patient and good health also contributes to the same. Checking the patient for the length of sleep as well as the quality was something which was found to be very important.

Of the above sample the more points are given for good sleep and less points are given for poor sleep. Prior to the treatment while the average points scored was 4.2 while during the course of the treatment, when last recorded the point score of sleep had increased to 5. This is a significant improvement of 20%. By the principal of Psyconeurobics, a good sleep helps to get more divine healing energy and hence helps to get better health for the patient.

Summary of Dermatology cases where Integration of Homeopathy & Psychoneurobics was used

Name	Age	Sex	Since	Diagnosis	Treatment	Learnings
Surender	45	F	20-09-2014	Eruptions in skin	Hydrocotile	Better
				Irritation		
Surjeet	22	M	03-12-2016	Eruptions in skin	Hydrocotile	Eruption
				Irritation		down
Usha	22	F	09-09-2016	Herpes	Renuclus bulb	Better
				Cod skin		
Neha	34	F		enzima	Sulphur 200	better
Preeti	23	F	27-06-2018	enzima, eruptions a kid 4		better
				toxicity of blood high		
				kidney		
				interuption in urine flow		
				period ok		
				burning urine	borax 200	
					canthris	
Manju lata	60	F		liver damage		
				black tongue		
				pricks at time different part of body		
				feels tired		Much
				itching profouse	bryta carba	better
				hot skin	sulphur 200	

METHODOLOGY

After due systematic diagnosis of the ailment and coming to the cause of the problem, Incorporeal God Father is invoked and comfort is given to the patient that Almighty will shower his blessings and all rests in his hands, if the patient takes the medicine remembering HIM, then the medicine is given by the Pysco Neurobics principles of charging with Orange light mentally. If the patient is cooperative enough than the patient is also advised to visualize Orange light into the medicine before taking it in the morning. The appropriate mudra is advised if the patient is found amenable to accept it. Further more naturopathy principles of taking veg diet, keeping away from aluminium vessels and no sugar is advised.

DISCUSSION

Homeopathy has excellent remedies for Dermatology disorders. This is because homeopathic treatment is individualised on a person and his or her pathological condition. Moreover,

homeopathic medicines along with Naturopathy diet and Psyconeurobics are prescribed after taking into account the patient's constitutional type like the physical, emotional, and psychological makeup and his or her medical history. An experienced homeopath determines all the factors, including miasma tic tendency of the patient before deciding any treatment.

MAIN HOMEOPATHY MEDICINE USED & DESCRIPTION:

Only in exceptional cases do skin diseases come from outside, most of the cases it comes from within. So it requires treatment from within. Skin is not independent but a manifestation of the internal organs. A diseases body cannot possess a healthy skin.

To treat skin ailments by lotions may supress the disease and impact the organs inside. So it is a serious professional error to do so. Skin is an outwards expression of the inner organs. It is an excretory organ and must be kept clean without any blockage.

Complexion

Iodium is a good remedy to change complexion to fair colour, used in 1M fortnightly for 6 months. If this fails than Causticum and Lycopodium can be used in 200 potency every week Sarasparilla, for clearing the complexion.

Urticaria(Eruptions)

Apis M, is the head remedy.

Radium – The skin burns with itch all over, especially at night.

Dulcamara- Urticaria and Itching all over the body, scratches, worse in warmth, better in cold. Rashes before menses.

Warts

Thuja is the head remedy, can be given in 200 dilution twice daily. Causticum is for warts on hands, face or eyes.

Boils

Myristica is an excellent remedy it aborts the pus quickly while Hepar sulphur may be given after the burst of the Whitlow. Ledum Pal if the boil is caused by needle prick.

Hair falling off

Wisbaden – Using this in 200 dilution hair will grow rapidly and also become dark.

Other medicines are Phosphorous 200(falling of hair in bunches), Thuja and Sulphur(when other medicine fail)

Hair growth (unwanted)

Thuja is appropriate 1M once a months.

Yellow sulphate of Arsenic and quick lime in equal parts paste made with hot water applied on face and left to dry. No hair will show up for weeks and may be never.

Hair Premature Grey

Thyroidin- Treatment is suggested to be started with this medicine. In 30 dilution thrice a week for one month, followed by 200 dilution once a week for a month.

Acid Phos, Lycopodium & Wiesbaden- Should be taken in 200 dilution alternate week for six months.

If the above remedy fails, Pilocarpinum be given in 1M, One dose a month.

The challenges and success of the treatment have been found on the following grounds:

Visualisation of Orange Light: This is the blessing of God almighty for energising the Dermatology organs. Medicine is energised with Orange light mentally, if done on a daily basis by the patient it has better results. Also not having faith in the almighty power becomes a limitation.

Time Gap after taking medicine: The challenge of many patients not following the norm of taking the medicine empty stomach with discipline increases the recovery time and the efficiency of the entire process. So despite of the possibility of having better results, the opportunity is lost or reduced in many cases.

Status of patient at the time of starting the medicine: Some patients have multiple ailments, apart from the Dermatology disorders, administering treatment to them with the same effectivity is lost considerably.

Emotional build-up of the patient: Patients who have will power vis a vis with inherent negativity and no feeling of purity, excess sexual activity show a substantial difference in

treatment response. Since this chakra gets blocked with absence of purity, and opens with feeling of purity, the best of treatment does not help if the patient has no purity as an outlook and visa versa.

Regularity: Regularly taking the medicine and visiting the clinic also has direct correlation with the recovery.

Other ailments: Allopathic medicines being taken for other and same ailments are sometime found to hinder the recovery/dilute the findings.

The results have been not good and the improvement has been in below average in most cases. Limitation has been where the patients have not taken medicine or some of them have been taking allopathic medicines or for other reasons like other ailments or unknown reasons. Possibly more time may be taken before results come positive.

SIGNIFICANCE OF THE STUDY

Homeopathy combined with Psychoneurobics and Naturopathy can provide relief from Dermatology problems. Homeopathy & Naturopathy can ensure cure / better relief from nervous disorders without any side-effects. More time is required for the study and a wiser sample.

CONCLUSION

In all cases impact was not found positive at the same time there was no deterioration.

Of the 6 sample size the Dermatology improvement was seen almost complete. The Emotional and Physical profile of the patient improved by around 56% & 37% while the sleep improved by around 20%. The irritation was down almost 100% while eruption was also down by 70%. All these parameters are clearly indicating towards a positive impact.

REFERENCES

1. Dr Dhar's compendium of Holistic System of Healing
2. Supreme Doctor, The Ultimate Source of Integrated medicine by Dr BK Chandra Shekhar
3. Homeopathy for Common Diseases by Dr Dhiren Gala
4. Boericke's New Manual of Homeopathic Materia Medica with Repertory by William Borick
5. Select your remedies By Rai Bahadur Bishambar Das
6. Hahnemann S (2010) Organon of medicine. Berkeley international university press.